



Surfingforkids and families



SeaAustralia Tours



SEA Australia are the Educational Tour Specialists in Surfing and beach programs for tour, school and corporate groups. Since 1998 SEA has provided educational surf and beach programs, surfing schools for kids, surf lifesaving tours, Australian beach & surf culture programs, kayaking and other activities along Australia's east coast.

Kids Academy Of Surf - Manly Beach

Kids surfing and body surfing lessons using the southern corner of **Manly Beach** to teach skills in a **safe environment with easy access to the surf break**.

These lessons will enable kids to handle the surf & ocean in most conditions, and **understand surf safety**. Instructed by elite surfing competitors, this program is a perfect platform for the advancement of surfing and ocean sports.

• **Parents can also join in to make it a family affair**

Learn

Surf board skills

- Surfboard paddling technique • Negotiating the surf
- Catching a wave from 'out the back' • Safe use of rips/currents and sandbanks • Cornering a wave
- **Learning these skills will enable the kids to stand up when they are ready**

Body surfing lessons

- Negotiate the surf • Body surf in whitewater close to shore
- Body surf from 'out the back'

Surf Education

- Identification and demonstration of safe and potential risk areas • Practical skills learning correct use of these areas

Why use KAOS?

- We operate within **the safest area of Manly Beach**, in close proximity to the swimming area, Surf Lifesaving Club and lifeguard service • Smaller foam surf boards with handles for **added security** - easy to manoeuvre and handle in the surf
- Access to Shelly Beach and Cabbage Tree Bay - **a stunning flat water marine reserve** used to assist with paddling skills and as backup when the surf is dangerous
- **We educate over 40,000 children in the surf each year**
- KAOS headquarters is in the **'Manly Lifesaving Club'** which is one of the most famous sporting clubs in Australia
- Program includes a **certificate and KAOS membership**



Program times (All year)

Saturdays, Sundays & Wednesdays

10am - 12pm,

12pm - 2pm

NSW school holidays

Daily 10am - 12pm,

12pm - 2pm

- Private lessons available

For program updates, terms and conditions visit

www.seaaustralia.com.au

Cost (Prices include GST and are in AUD\$. Valid to April 1, 2011)

- Child - \$49.50 • 2nd child - \$39.50 • Parent \$30
- Family of 4 or more - \$140

To book a course, or pay online: www.seaaustralia.com.au, or call +61 2 99077650 email info@seaaustralia.com.au

Available for kids 6 -16 years and parents. For family members under 6 or over 16 please contact us to arrange a private lesson.

WE supply foam surfboards, wetsuits, sun vests

YOU bring swimmers, towel, sunscreen, drink, warm clothes

Manly Beach - Surf and Surf lifesaving Tour
Groups visiting Manly participate in programs at the beach and in the surf. Groups are hosted by famous surf lifesaving clubs and are shown the unique Australian surfing and surf lifesaving culture through events, activities, tours and experiences

- The chance to be an honorary surf lifesaver for a day
- First hand experience of Australian surf lifesaving culture
- Surfing & beach activities
- Learn to understand the ocean



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SEA tour programs are educational, interactive & uniquely Australian.



Manly Beach is one of Australia's most famous surfing beaches. Situated on the northern side of Sydney Harbour, Manly is a relaxing seven mile ferry ride from the heart of Sydney. **Stroll just 100 metres** through Manly Village where the magnificent Pacific Ocean awaits with **crystal waters, white sands** and a spectacular range of surfing activities.



Manly Beach - Surf and Surf lifesaving Tour inclusions

- 1. Surfing Skills & Beach Team Build** • Surfing lesson with a surf lifesaving champion • Group beach games including: Ironman relay, rescue reel race and an ocean survival challenge • Coastal awareness session, learning to understand ocean currents • Wetsuits and boards provided
 - 2. Surf Lifesaving Presentation and beach BBQ** • 15 min film featuring Australian surf lifesaving, surf sports & coastal geography • BBQ lunch served at the surf club – beef patties, salad and fresh rolls, deserts and refreshments.
 - 3. Surf Lifesaving Exhibition and Coastal Walk** • Watch real surf life savers perform rescue drills and escape strong ocean currents • Coastal walk lead by true locals, boasting some of Australia's most beautiful coastlines • Locals educate the groups about the Australian way of life and the local geography
- Optional extras** • Kayaking and leisure boats on Sydney Harbour • Water Slides • Beach Volleyball • Aquatic Qualifications



Manly Surf Beach

Program options and Pricing (Gross retail prices include GST and are in AUD\$. Valid to April 1, 2011)

This program is split into three 2 hour parts, however can be packaged to suit each group.

Part 1: Surfing skills & beach team build \$55 P/P - minimum 10 pax or \$550

Inbound net rates \$38.50 minimum 10 pax or \$385

Part 2: Surf lifesaving presentations & BBQ lunch \$55 P/P - minimum 10 pax or \$550

Inbound net rates \$38.50 minimum 10 pax or \$385

Part 3: Surf lifesaving demonstration & coastal walk \$45 P/P - minimum 10 pax or \$450

Inbound net rates \$31.50 minimum 10 pax or \$315

- Each program component can be booked on its own, or at a discounted rate for packages of 2 or 3 components
- Commissions apply for travel trade.

Why come to Manly?

- Stunning location • Easy access from the city by ocean or road, **Ferries leave Sydney for Manly every 30 minutes** • Close to Manly shopping central, cafe's, restaurants, scenic walks and places of interest • Lots of family activities for a full day in Manly - **the birthplace of Australian surfing & Surf Lifesaving**. Home to numerous **world champions** including **7 times 'World Surfing Champion' Layne Beachley**.

Important information

- We operate all year, some optional extras may not be available during winter months • Coach drop-off at the venue and parking bays near by • Public change room and cold shower facilities at the venue • Surfing gear is provided - surfboard, wetsuit, wetshirt) participants need to provide swimmers, sunscreen, shorts and towel
- Proficiency in swimming is not required for group members, however SEA needs to be advised of non-swimmers • Ratio of 1 guide per 15 on land, and 1 per 6 in the surf.

